



# Islam

360

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# Preface

Islam is a world religion with followers spread around the globe. Beyond dealing with questions of 'life' and 'after life' Islam encompasses all aspects of daily living. Aside from the specific religious duties, Muslims are also to adhere to Islam's other commandments which concern virtually all facets of personal, family and civic life. These include matters such as diet, clothing, personal hygiene, interpersonal relations, business ethics, individual, familial, and societal rights and responsibilities.

Islam comprises of four elements; principles, moral values, laws and traditions. These are the essential elements that form the religious life of any Muslim community. The principles, values and laws of Islam are derived from the divine revelations in the form of the Quran and the Sunnah. External factors, such as the geopolitical situations and social realities may strongly influence and shape the way a Muslim understands and practices Islam. Mus-



lims must therefore take upon themselves to define and shape their religious life; such an example is to understand one's duty as a citizen and responsibilities towards his country and his fellow countrymen. Islam develops Muslims to be pious and calls upon them to do good and contribute to the general well-being of mankind and the world - 'Love for the homeland is part of one's faith.'

The Quran is the Book of God. It has preserved in its entirety for all time to come. Besides the noble Quran, the second most important book for a Muslim is the Hadiths. By holding the Quran and the Hadiths as a guide, one can attain God's pleasure and be certain that God will guide one to the straight path.

By the grace of God, this book of 360 quotes from the noble Quran and Hadiths is produced to help the reader to understand that the essence of Islam as a religion of peace and humanity. The quotes cover righteousness, forgiveness, opportunities, guidance in life and human relations. These quotes are short and



easily grasped and can be even practiced in one's daily life.

This compilation is the work of group of volunteers under the guidance of Eminent Muslim scholars who asked to remain anonymous.

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# Verse Al-Fatihah

The opening verse of the Qur'an – all Muslims recite this verse at least 17 times a day when they make their prayers.

V1. In the name of Allah, The All Merciful, The Ever Merciful.

V2. Praise be to Allah, the Lord of the World.

V3. The All Merciful, The Ever Merciful.

V4. The Absolute Sovereignty over the Day of Judgement.

V5. It is You and You alone we worship, it is You and You alone whom we invoke and Implore for aid.

V6. Guide us O Allah to the Straight Path.

V7. The Path of those whom You have favoured, not [the path of] those who have earned Your Anger, nor of those who have gone astray. Qur'an (1: 1-7)





# Prayer for Australia (ISLAM)

In the name of God, Most Gracious, Most Merciful. Praise be to God. You alone we worship, You alone we ask for help. Show us the straight path, the path of those who You have favoured; not the path of those who have earned Your anger nor of those who have gone astray.

All praise be to the Messengers of God, Prophet Adam, Abraham, David, Moses, Jesus and Prophet Muhammad. Peace be upon them.

Let us raise our hand in prayer to the Lord Almighty, The Most Beneficent, Oh Lord, Grant us your eternal guidance and blessing. Grant your assistance to our leaders, and those who are contributing for the betterment of our communities. Oh Lord guide them in their endeavours. Oh Lord, shower us with your blessings, peace and harmony to our people in



Australia and the world over.

Oh Lord, the Most Powerful, protect our nation, and the world over from any form of threat and danger. Remove all elements that disrupt our harmonious existence. Make Australia a progressive and peaceful country. And may that same prayer go out to all the countries in the world. Grant us our wish to strengthen our nation and raise it to greater heights. Protect us from all forms of disturbance that can hinder our progress.

Oh Lord unite our hearts, regardless of our FAITH AND CULTURE, to make this world a peaceful place to live in.

Oh Lord, Guide us all to love and respect one another. Unite us all to promote peace, and hinder us all from the terror of wars and conflicts.

Oh Lord, grant our prayers. **Amin.**



# Principles in Adopting the Best Approaches in Dealing with Challenges

Contemporary scholars have proposed several principles for Muslims of today to observe, in leading their life according to their faith. These principles are mainly derived from the approaches of the first generation of Muslims, but they still remain relevant in the current context. Those principles state that Muslims should

...

- Have a profound understanding of the Qur'an and the Prophetic Sunnah;
- Facilitate – 'make things easy' – and do not complicate issues;



- Bring glad tidings – and do not instil fear;
- Be kind;
- Interact with, and know other people;
- Be open – do not be dogmatic;
- Put their priorities on the quality of actions – not on the outer forms;
- Strive hard and put in effort;
- Contribute – be someone who gives;
- Think creatively and critically – avoid unquestioning adherence to an idea;
- Be growing in your understanding – do not stagnate;
- Be consistent so that you can be relied upon;
- Be moderate and balanced – do not act according to extremes.

In the light of the complexity of today's challenges, Muslims have to plan with wisdom and purpose. Muslims should not allow emotions to overwhelm their reactions to any issue. They should not follow sentiments and adopt a



hard-line approach, which will only exacerbate a situation. They should evaluate how best to approach the situation they are in and deal with it wisely. There are specific verses in the Qur'an that call for Muslims to engage in the most courteous way and not to repel evil with evil but to offer something better.



# Introduction to Islam

BISMILLAH: ASSALAMUALAIKUM WR WB -  
PEACE BE UPON YOU.

Islam is a world religion with more than a billion followers spread around the globe. The word Islam has a two-fold meaning: Peace and Submission to the will of (Allah) God. A Muslim is expected to whole-heartedly submit to the one Almighty God. Only with complete submission can a Muslim establish peace in his or her heart, which in turn will then be manifested in his or her external conduct. Muslims pray five times a day at Suboh (dawn), Zuhr (mid-day), Asar (afternoon), Magrib (sunset), and Isha (evening).

The fundamentals of Islam are the Five Pillars and the six articles of faith. The Five Pillars of Islam are:

- Shahadah (profession of faith)



- Salat (five daily prayers)
- Zakat (alms tax)
- Sawm (fasting)
- the Hajj (pilgrimage to Mecca)

The six articles of faith are:

- Belief in Allah
- Belief in Allah's angels
- Belief in Allah's books
- Belief in Allah Prophets and Messengers which includes Jesus, Abraham, Moses
- Belief in the Day of Judgement
- Belief in the Divine Degree

Islam establishes the balance between the world and the hereafter, the material and the spiritual and attaches great importance to moderation and balance.

Besides the relationship between humans and Allah, the relationship between humans and all of God's creatures and creations is also central to Islamic belief.



Islam has laid out specific guidelines in ensuring that peace and harmony are maintained throughout humanity. These guidelines cover aspects such as justice, compassion, inclusiveness and universalism, tolerance, respect for human rights and freedom. Islam demands that its followers interact and build harmonious relationship with the society at large beyond their own local Muslim community.





In the name of God  
Most Benevolent  
Most Merciful



## QURANIC VERSES



- 1 And do not mix the truth with falsehood or conceal the truth while you know [it].

Q 2 : 42

- 2 And establish prayer and give alms, and bow with those who bow (in worship and obedience)

Q 2 : 43

- 3 Do you order righteousness of the people and forget yourselves while you recite the Scripture?

Q 2 : 44



4 Seek help in patience and prayer.

Q 2 : 45

5 Speak good to people.

Q 2 : 83

6 “Say you: We believe in God and the revelation given to us and to Abraham, Ismail, Isaac, Jacob, and the Tribes, and that given to Moses and Jesus, and that given to (all) Prophets from their Lord.”

Q 2 : 136



- 7 We shall test you with fear, hunger, loss of wealth, lives and fruits, but give glad tidings to the patient ones.

Q 2 : 155

- 8 And it may be that you dislike a thing which is good for you.

Q 2 : 216

- 9 Blessed are those who give without remembering and take without forgetting.

Q 2 : 264



- 10 On no soul does God place a burden greater than it can bear.

Q 2 : 286

- 11 He grants wisdom (*hikmah*) to whom He pleases, and he, to whom wisdom (*hikmah*) is granted, is indeed granted abundant good.

Q 2 : 269

- 12 Slander (*fitnah*) is worse than killing.

Q 2 : 191



- 13 Take a provision (with you) for the journey, but the best provision is piety.

Q 2 : 197

- 14 By no means shall you attain righteousness unless you give (freely) of that which you love; and whatever you give, of a truth, God knows it well.

Q 3 : 92

- 15 Be quick in the race for forgiveness from your Lord.

Q 3 : 133



- 16 Those who spend freely (in deeds of charity) in prosperity and adversity; who repress anger, and pardon others – verily, Allah loves the doers of good.

Q 3 :134

- 17 And live with them (women) in kindness.

Q 4 : 19

- 18 And do not make difficulties for them (women) in order to take [back] part of what you gave them.

Q 4 : 19





- 19 Do not kill yourself, and anyone who does so, will be pushed into Hellfire.

Q 4 : 29

- 20 Treat kindly and do good: to your parents, relatives, to the orphans, the neighbour who is stranger, and those who have been left alone in the society, and the companion by your side and the wayfarer, whom you meet.

Q 4 : 36

- 21 Indeed, God does not like those who are self-deluding and boastful.

Q 4 : 36



- 22 **W**orship God and associate nothing with Him.

Q 4 : 36

- 23 **I**ndeed, God commands you to render trusts to whom they are due and when you judge between people to judge with justice.

Q 4 : 58

- 24 **W**hoever recommends and helps a good cause becomes a partner therein.

Q 4 : 85



- 25 When you are greeted with a greeting, return it with a better one.

Q 4 : 86

- 26 And cooperate in righteousness and piety, but do not cooperate in sin and aggression.

Q 5 : 2

- 27 Whoever kills a person [unjustly] ... it is as though he has killed all mankind. And whoever saves a life, it is as though he had saved all mankind.

Q 5 : 32



- 28 Whenever you give your word, say the truth.

Q 6 : 152

- 29 “And God has made you trustee on Earth and raised some of you above others in ranks so that He may test you what He has given you.”

Q 6 : 165

- 30 “O children of Adam, We have bestowed upon you clothing to conceal your private parts and as adornment. But the clothing of righteousness - that is best.”

Q 7 : 26



- 31 Wear your beautiful apparel at every time and place of prayer. Eat and drink but waste not by excess, for God love not the wasters.”

Q 7 : 31

- 32 Show forgiveness, speak for justice and avoid the ignorant.

Q 7 : 199

- 33 “And most of them follow not except assumption. Indeed, assumption avails not against the truth at all. Indeed, God Knows of what they do.”

Q 10 : 36



**34** Do not incline towards those who do wrong.

Q 11 : 113

**35** “If your Lord had pleased, He would have made all people a single community, but they continue to have their differences – except those on whom your Lord has mercy – for He created them to be this way.”

Q 11 : 118-119

**36** Verily, in the remembrance of God do hearts find rest.

Q 13 : 28



**37** God will not change the condition of a people until they change what is in themselves.

Q 13 : 11

**38** There emerges from their (bees) bellies a drink (honey), varying in colors, in which there is healing for people. Indeed, in that is a sign for people who give thought.

Q 16 : 69

**39** Invite to the way of thy Lord with wisdom and beautiful preachings.

Q 16 : 125



40 Your Lord has decreed that you worship none but Him, and show kindness to your parents.

Q 17 : 23

41 Let not your hand be tied (like a miser) to your neck, nor stretch it forth to its utmost reach (a spend-thrift).

Q 17 : 29

42 And do not pursue that of which you have no knowledge. Indeed, the hearing, the sight and the heart - about all those, (one) will be questioned.

Q 17 : 36





- 43 Walk not on the earth with conceit and arrogance.

Q 17 : 37

- 44 Indeed, We have made that which is on the earth adornment for it that We may test them [as to] which of them is best in deed.

Q 18 : 7

- 45 He who does of righteous deeds while he is a believer – he will neither fear injustice nor deprivation.

Q 20 : 112



46 **W**hoever works any act of righteousness and has faith, his endeavour will not be rejected.

Q 21 : 94

47 **I**ndeed, God does not love all who are treacherous and ungrateful.

Q 22 : 38

48 [**A**nd they are] those who, if we give them authority in the land, establish prayer and give regular charity and enjoin what is right and forbid what is wrong. And to God belongs the outcome of [all] matters.

Q 22 : 41



- 49 Where you lack knowledge of a particular matter, remain silent. What you comment may cause grave consequences.

Q 24 : 15

- 50 O you who have believed, do not enter houses other than your own houses until you ascertain welcome and greet their inhabitants. That is best for you; perhaps you will be reminded.

Q 24 : 27



51 But let them who find not [the means for] marriage abstain [from sexual relations] until God enriches them from His bounty.

Q 24 : 33

52 But when you enter houses, give greetings of peace upon each other.

Q 24 : 61

53 The true servants are those who walk the earth with humility, and when the ignorant address them, reply with words of peace.

Q 25 : 63



- 54 Do not testify to falsehood; avoid and ignore ill-speech and maintain dignity.

Q 25 : 72

- 55 Seek your provision only by honest and fair endeavour.

Q 29 : 17

- 56 And We have enjoined upon man [care] for his parents. His mother carried him, [increasing her] in weakness upon weakness, and his weaning is in two years. Be grateful to Me [God] and to your parents; to Me is the [final] destination.

Q 31 : 14



**57** Turn not your face away (in contempt) from others; and do not walk on this earth haughtily; for God do not love those who are boastful or arrogant.

Q 31 : 18

**58** And be moderate in your pace and lower your voice;

Q 31 : 19

**59** The noblest of you, in the sight of God, is the best in conduct.

Q 49 : 13



- 60 **O** you who have believed, fear God and speak words of appropriate justice.

Q 33 : 70

- 61 **“Peace”**, a word from a Merciful Lord.

Q 36 : 58

- 62 **We** have enjoined on man kindness to his parents.

Q 46 : 15



**63** **O** you who have believed, if there comes to you a disobedient one with information, investigate, lest you harm a people out of ignorance and become regretful, over what you have done.

Q 49 : 6

**64** **O** you who have believed, do not insult one another and do not call each other by [offensive] nicknames.

Q 49 : 11





65 **A**void much suspicion, indeed some suspicions are sins. And spy not neither backbite one another.

Q 49 : 12

66 **O** mankind! We have created you male and female, and have made you nations and tribes that ye may know one another.

Q 49 : 13

67 **A**nd God is with you wherever you are.

Q 57 : 41



68 Our Lord! Forgive us and those of our brethren who had precedence over us in faith, and do not allow any spite to remain in our hearts towards those who believe, our Lord! Surely Thou art Kind, Merciful.

Q 59 : 10

69 And He does not forbid you to deal kindly and justly with anyone who has not fought you for your faith or driven you out of your homes: God loves those who are just.

Q 60 : 8



70 **O** you who believed! Why do you say what you do not do? It is most hateful in the sight of God that you say, which you do not do.

Q 61 : 2-3

71 **A**nd those who are attentive to their trusts and promises; speak the truth and maintain their prayers, they will be in the gardens, honored.

Q 70 : 32-35

72 **A**nd give not a thing in order to have more.

Q 74 : 6



73 **A**nd (ask) of the Sinners: 'What led you into Hell Fire?' They will say: 'We were not of those who prayed; Nor did we used to feed the poor. And we used to enter into vain discourse with those who engaged [in it].'

Q 74 : 41

74 **W**oe to those who give less than due.

Q 83 : 1

75 **T**reat not the orphan with oppression.

Q 93 : 09



76 And repulse not the beggar.

Q 93 : 10

77 Verily, with every burden comes blessing.

Q 94 : 5

78 Read! And your Lord is the Most Generous.

Q 96 : 3

79 So whoever does an atom's weight of good, God will see it.

Q 99 : 8



80 Woe to the slanderer and the backbiter.

Q 104 : 1

81 So woe to those who pray [but] who are heedless of their prayer and make show [of their deeds] and withhold [simple] assistance.

Q 107 : 1-7



HADITHS  
(*PROPHETIC TRADITIONS*)



- 82 Greet before conversing.
- 83 He who believes must either speak good or remain silent.
- 84 Whosoever gives me a guarantee to safeguard what is between his jaws (speak only good) and what is between his legs, I shall guarantee him Heaven.
- 85 He who defends the honour of his brother, God will secure his face against the Fire on the Day of Resurrection.
- 86 Truth leads to piety and piety leads to Heaven.





- 87 Do not look for other's faults and do not spy one another.
- 88 The worst of lies is to pretend to have seen something which he has not seen.
- 89 It is enough for a man to prove himself a liar when he goes on narrating whatever he hears (not the truth).
- 90 It does not befit a righteous to frequently curse others.
- 91 A true believer is not involved in taunting, or frequently cursing.



- 92 Do not harbour grudges against one another, nor jealousy.
- 93 Do not seek leadership – God will help you if you are given it unbidden, but will leave you to your own devices if you sought it.
- 94 Beware of envy because envy destroys virtues as fire to firewood.
- 95 Beware of suspicion, for suspicion is the worst of false tales.
- 96 Beware of heated dispute – it exposes bad behavior and stifles good conduct.



- 97 Beware of flattery – it is a form of slaughter.
- 98 Beware of debts – it distresses at night and humiliates by day.
- 99 “Piety is here”, while saying so, he (the Prophet) pointed towards his chest.
- 100 He who deceives is not of us.
- 101 A believer does not kill.
- 102 Seek God’s protection from greed – greed leads to disgrace.



- 103** Do not be jealous of one another and do not nurse enmity against one another.
- 104** Verily, God has revealed to me that you should adopt humility.
- 105** Verily, God does not look to your bodies or your attire nor to your appearances but He looks to your hearts and your deeds.
- 106** In the presence of three people, two should not hold secret counsel, to the exclusion of the third.



- 107 Keep away from associating anything with God in worship.
- 108 The Prophet (pbuh) cursed the one who accepts usury and the one who pays it, and the one who records it, and the two persons who stand witness to it.
- 109 None of you should walk wearing one shoe, you should either wear them both or take them off both.
- 110 If you do not respect the elderly, show kindness to the young, command good, and forbid evil, you are not one of us.



111 **G**rant shelter to him who begs for it in the Name of God, give to him who begs in the Name of God, accept the invitation of him who invites you, and requite him who does a favour to you, but if you are unable to requite him, go on praying for him till you are sure that you have requited him adequately.

112 **A** true believer does not taunt or curse or abuse or talk indecently.

113 **I**ndecency does not leave anything untainted, and decency does not leave anything ungraced and embellished.



- 114 None of you should say: My soul has become evil. He should say: My soul is in bad shape.
- 115 A person should not enter into a transaction when his brother has already negotiated, nor should he make a proposal of marriage when that of his brother is pending, except with the permission of the latter.
- 116 The Prophet (pbuh) never refused a gift of perfume.
- 117 If you get wind of the outbreak of plague in a land, do not enter it, and if it breaks out in a land in which you are, do not leave.



**118** The Messenger of God (pbuh) never found fault with food. If he had inclination to eat it, he would eat; and if he disliked it, he would leave it.

**119** Those who overburden themselves with their faith will find it overwhelms them.

**120** The strong man is not one who is good at wrestling, but the strong man is one who controls himself in a fit of rage.

**121** Give up what is doubtful to you for that which is not doubtful; for truth is peace of mind and falsehood is doubt.





- 122 **F**ear God wherever you are, do good deeds after doing bad ones. The former will wipe out the latter, and engage others with beautiful character.
- 123 **D**o not belittle any good deed, even meeting your brother with a cheerful face.
- 124 **T**he Prophet (pbuh) heard a person lauding another person or praising him too much. Thereupon he said: "You have ruined the man."
- 125 **B**e satisfied with what God has apportioned for you and you will be the richest of people.



- 126 The best of Islam is to greet with peace those you know and those you do not know.
- 127 The best amongst you are those who bring greatest benefits to many others.
- 128 The best amongst you are those with best manners and character.
- 129 Train your heart to gentleness.
- 130 The best of you are those who feed others and return greetings.



- 131 **A** believer is one who wants for his brother the good what he wants for himself.
- 132 **A** person's faith is right only when his heart is right and his heart is right, only when his tongue is righteous.
- 133 **F**aith has two halves - gratitude and forbearance.
- 134 **V**isit the sick and follow the funeral bier - they will remind you of the Hereafter.



- 135 Everything has a source - the source of piety is the heart that knows God.
- 136 God rewards those who bear hardship with fortitude.
- 137 Cleanliness is part of Faith.
- 138 Charity does not diminish wealth.
- 139 Do not belittle any form of charity.
- 140 Whenever a believer gives alms in kindness, God watches over his children in kindness.



- 141 **H**aving wealth is as much a test as losing wealth.
- 142 **A**lms extinguish sins as water extinguishes fire.
- 143 **T**here is no deed better than feeding the hungry.
- 144 **N**o man is a believer if he eats his fill while his neighbour goes hungry.
- 145 **H**e who serves others, serves himself last.
- 146 **H**alf of living well, is planning well.



- 147 Half of learning, is asking good questions.
- 148 Two kinds of people never have enough – seekers of knowledge and seekers of worldly gain.
- 149 No man will be ruined if he seeks counsel.
- 150 Belief in destiny dispels troubles and grief.
- 151 Making an honest living is a form of Jihad.



152 Pay a worker before his sweat dries.

153 Do not let fear of others prevent you from standing up for the truth.

154 Beware of giving voice to suspicions – they are the falsest words.

155 There is no good in the companionship of a man who does not regard you the way you regard him.

156 Speak only good of those who have passed on.



157 Do not curse the dead or you will pain the living.

158 Do not curse fate, for God is fate.

159 Let what you know about yourself stop you from disparaging others.

160 Show compassion to three persons – a wealthy man who has been ruined, a powerful man who has been humbled, and a learned man mocked by fools and dullards.

161 Rumour-mongers will not enter paradise.





- 162** The greatest sins come from a lying tongue.
- 163** There is no worship better than reflection.
- 164** There is no lineage better than good character.
- 165** There is no solitude more anti-social than conceit.
- 166** There is no wealth more useful than intelligence.
- 167** There is no intelligence better than (good) planning.



168 G Gentleness is the pinnacle of wisdom.

169 T There is no poverty more severe than ignorance.

170 T There is no worry, worse than debt.

171 B Be careful what you wish for, you do not know where it will take you.

172 S Peak good words, or remain silent.

173 K Keep silent when roused to anger.



174 Remember God in good times and He shall remember you in hard times.

175 When a youth shows respect to the elder because he is old, God ordains that people show him respect when he grows old.

176 Live in this world as if you are a guest.

177 Those who eat and give thanks, earn greater reward than those who fast and endure.



178 To wake up safe and sound in your home, with enough food for the day, is as good as owning the world.

179 He who is not grateful to man, is not grateful to God.

180 Always look at the person who has less than you, not the person who has more, and you will value God's favours to you.

181 Take advantage of five things before the arrival of five others - youth before old age; health before illness; wealth before poverty, leisure before occupation and life before death.



**182** **W**hoever kills himself with an iron instrument will be carrying it forever in hell. Whoever takes poison and kills himself will forever keep sipping that poison in hell. Whoever jumps off a mountain and kills himself will forever keep falling down in the depths of hell.

**183** **V**erily, there is heavenly reward for every act of kindness done to a living animal.

**184** **S**carce but adequate is better than plentiful but distracting.



**185** Backbiting is talking about someone in a manner which he dislikes. If the person is actually what is said of him, then that is backbiting; but if he is not what is said of him, then that is slandering.

**186** Do not indulge in excessive talk except when remembering God.

**187** Excessive talking without the Remembrance of God hardens the heart; and those who are the farthest from God are those whose hearts are hard.

**188** Those who sow good, reap felicity, those who sow evil, reap remorse.



- 189 Those who are certain of the here-after give generously.
- 190 Those who wish to remain safe, should remain silent.
- 191 Those who are granted a favour, should be grateful.
- 192 God will be kind, to those who are kind to the community.
- 193 To emulate a group of people, is to become one of them.
- 194 God provides sustenance to those who seek knowledge.



- 195 Those who do not benefit from their knowledge, are harmed by their ignorance.
- 196 Those who are held back by their deeds, are not urged on by their lineage.
- 197 Proceed slowly towards your ambitions.
- 198 God forgives the lapses of those who wake up intending no one any harm.
- 199 He who does not fear God, fears everything.





- 200 Take advantage of any opportunity to do good, for you do not know when that door will close.
- 201 God fills with belief and a sense of security those who curb rage when they could act upon it.
- 202 Whenever a man forgives a transgression, God elevates his standing.
- 203 Hold fast to God's Will, and He will hold fast to you.
- 204 God graces His worshippers with nothing lovelier than the chastity of belief and behavior.



**205** As God's favors to His servants increase, their responsibility to others increase.

**206** No believer reaps greater reward than a virtuous counselor who obeys his leader and advises him for the sake of God.

**207** Those who seek Divine direction will not fail, those who seek good counsel will not regret, and those who practice moderation will not want.

**208** To savour true belief, you should love people for the sake of God.



209 Try to set aside a secret store of good deeds.

210 Command good with gentleness.

211 Believers should honour their guests.

212 Believers should honour their neighbours.

213 God will safeguard those who safeguard a brother in his absence.

214 God will come to aid those who come to aid others.



- 215 **H**eal the sick by giving charity.
- 216 **T**hose who seek and find knowledge get two rewards; those who seek and do not find it get one reward.
- 217 **G**enerosity should be requited. If it cannot be requited, it should be spoken of – to speak of it is to show gratitude for it.
- 218 **G**uests should perform voluntary fasts only with their hosts' permission.



- 219 The worst people are the two-faced, showing one face here and another face there.
- 220 Blessed are those who act on their knowledge.
- 221 Blessed are those whose own faults distract them from the faults of others.
- 222 On Judgement Day, God will conceal the faults of those who concealed the faults of others.
- 223 Be mild, not harsh.



- 224 **I**nspire calm, not panic.
- 225 **D**raw people close and guide them aright.
- 226 **L**essen your burden of debt and you will live free.
- 227 **G**reet your family and its prosperity will increase.
- 228 **P**ause from time to time.
- 229 **B**e moderate in seeking worldly things – they come naturally to those for whom they have been created for.



- 230 Conduct your worldly affairs with integrity and work hard for the hereafter.
- 231 Half of living well is planning well.
- 232 Prudence is to expect the worst.
- 233 Call out the peace greeting and you will know peace.
- 234 God's love is assured for those who curb their anger when provoked.
- 235 Carrying through an act of charity is even better than embarking on it.



**236** Solitude is better than bad company, but virtuous company is better than solitude.

**237** Our religion is strong and durable, so move ahead, but gently – do not make worship a burden.

**238** Custom dictates that a man accompanies his guest to the door.

**239** The cure for ignorance is inquiry.

**240** Most people are led to the Garden by consciousness of God and beauty of character.





- 241 Seditions appear and crush believers – your only salvation is your learning.
- 242 The best part of your religion is the most accommodating.
- 243 God's most beloved servants conceal their piety.
- 244 God's favourite deeds are those performed regularly, even the small ones.
- 245 God is pleased with those who offer praise after every bite and sip.



- 246 The worst blindness is the heart's.
- 247 The worst regret is on Judgement Day.
- 248 A man's worst traits are intense avarice or unrestrained cowardice.
- 249 Hear me! Many short-lived pleasures bequeath long-lasting grief.
- 250 Many who eat and give thanks, earn greater reward than many who fast and endure.



- 251 **W**orldly goods do not constitute wealth – true wealth is the wealth of the soul.
- 252 **T**hrowing people to the ground does not make you strong – true strength belongs to those who can control their anger.
- 253 **T**he dwellers of paradise are mostly simple folks.
- 254 **T**he loveliest beauty is the beauty of the character.
- 255 **R**eligion is accommodating.



**256** God's religion is moderate and righteous.

**257** Be moderate in seeking worldly things – they come naturally to those for whom they have been created.

**258** The hour will come when children are disobedient; when drought scorches the earth, when the contemptible inundate the land, when the noble are few, when the young are insolent to their elders, and the contemptible insolent to the noble.

**259** Every age (period of time) will be worse than the one before.



260 I fear three things for my community when I am gone – a scholar's lapse, a tyrant's rule, and a capricious whim.

261 The Hour draws near, yet people become more and more greedy for this world; while it eludes their grasps more and more.

262 Things will get progressively worse, the world will turn its back on you more and more, and people will become greedier.

263 The hour will only afflict the most evil of people.



**264** The pious will diminish, one generation after another, until only scraps and chaff remain – and God will pay them no heed.

**265** No one becomes prudent without stumbling.

**266** No one becomes wise without experience.

**267** Ingratitude to others is ingratitude to God.

**268** Two hungry wolves do not wreak as much havoc to a flock of sheep as love of glory and wealth to a Muslim's faith.



- 269 A good grasp of religion is how God is best worshipped.
- 270 A true warrior battles his urges in order to obey God.
- 271 Eat dinner, even if just a handful of dry dates – skipping dinner will age you.
- 272 Love your friend with some restraint, for the day may come when he is your enemy. Hate your enemy with some restraint, for the day may come when he is your friend.



- 273 **C**onduct your worldly affairs with integrity and work hard for the Hereafter.
- 274 **B**e generous with your children and teach them well.
- 275 **C**onvey my message, even a single verse of the Qur'an.
- 276 **R**emain conscious of God at all times.
- 277 **W**ish for others what you wish for yourself and you will be a true believer.





- 278 Be a good neighbour to those around you and you will be a true Muslim.
- 279 Travel and find health and wealth.
- 280 Secure knowledge by writing it down.
- 281 Blessed are those who act on their knowledge.
- 282 Blessed are those who earn an honest living; whose hearts are pure, whose actions are noble, and from whom no one need fear any evil.



283 **L**essen your burden of debt and you will live free.

284 **L**essen your burden of sin, and you will be less terrified of death.

285 **A** promise is a debt.

286 **C**harity begins at home.

287 **T**est people and you will come to hate them. – be slow to trust.

288 **H**earts are conditioned to love those who are kind to them and to hate those who are cruel.



- 289 Most people take two blessings for granted – health and leisure.
- 290 Souls are like mustered armies: the similar come together and unite, the dissimilar part ways.
- 291 Gratitude after eating is like forbearance during fasting.
- 292 Living thriftily is more profitable than certain trades.
- 293 Debt disfigures devotion.
- 294 An honest living is an obligation second only to worship.



- 295 Silence shows wisdom, but few oblige.
- 296 Good character will be placed in the celestial scale first.
- 297 Each and every one of you is a shepherd accountable for his flock.
- 298 Believers are gentle and easygoing.
- 299 Too much hilarity kills the spirit.
- 300 Supplication is the believer's best weapon.



# SUPPLICATIONS OF THE PROPHET (*PBUH*)



- 301** God, I seek refuge with You from knowledge without benefit; from a heart without humility, from a prayer unheard and from an appetite unsated. I seek refuge with You from the evil of all four.
- 302** God, I seek refuge with you from misleading or being misled; from demeaning or being demeaned, from tormenting or being tormented and from wronging or being wronged.
- 303** God, grant me a speedy cure, fortitude to bear Your trials, and the passage from this world into Your Mercy.



- 304** God, choose and single out what is good for me.
- 305** God, You have made me beautiful – make my character beautiful too.
- 306** God, You are Forgiving and love forgiving – forgive me my sins.
- 307** God, forgive my sins – be they mistaken or deliberate, hidden or public, by omission or commission.
- 308** God, make my soul mindful of You and cleanse it of sins – You cleanse it best, since You are the Master and Benefactor.



**309** God, grant me the protection You grant the newborn.

**310** God, I ask You for a tranquil life, a pure death, and a return to You free from disgrace and dishonor.

**311** God, accept my repentance, wash away my offences, and answer my prayer.





*ABU BAKAR AL-SIDDIQUE*  
*(MAY GOD BE PLEASED*  
*WITH HIM)*



**312** Run away from greatness, and greatness will follow you.

**313** If you expect the blessings of God, be good to His people.

**314** When you offer any charity to a beggar, do it with humility and respect, for what you are offering is an offer to God.

**315** Good actions are a guard against the blows of adversity.

**316** Be good to others. That will protect you against evil.



**317** There is greatness in the fear of God, contentment in faith of God, and honour in humility.



*UMAR AL-KHATTAB*  
*(MAY GOD BE PLEASED*  
*WITH HIM)*



- 318 The wisest man is he who can account for his actions.
- 319 What regresses, never progresses.
- 320 He who does not know evil will fall into it.
- 321 When a man puts me a question, I judge of his intelligence.
- 322 Don't forget your own self while reminding others.
- 323 Every ruler should keep his door open to the people.



**324** **A**voidance of sin is lighter than the pain of remorse.

**325** **B**e patient; patience is a pillar of faith.

**326** **B**e dignified, honest and truthful.

**327** **A**cquire knowledge and teach it to people.

**328** **D**o not be an arrogant scholar, for scholarship cannot subsist with arrogance.



329 When you see any scholar loves the world, then his scholarship is in doubt.

330 May God bless the man who speaks less and does (good) more.

331 As long as you are pure of heart, you speak the truth.

332 Prefer for the people what you prefer for yourself. What you do not wish for yourself, do not impose on others.

333 The most accursed ruler whose misconduct leads to distress of the people.



*UTHMAN IBN AFFAN  
(MAY GOD BE PLEASED  
WITH HIM)*





- 334 No one conceals something in his heart, but God causes it to be seen on his face or in a slip of the tongue.
- 335 Acquire wisdom from the story of those who have already passed.
- 336 It is sufficient for you that the one who envies you is distressed at the time of your joy.



**337** **H**ad our hearts been pure, we would never tire with the Remembrance of God.

**338** **A**bsorption in worldly affairs breeds darkness in the heart, and absorption in the affairs of the next world enkindles light in the heart.

**339** **E**njoin what is good and forbid what is evil before the worst amongst you are given authority over you.

**340** **T**hree worldly things have made dear to me: feeding the hungry, clothing the naked and reading the Qur'an.



**341** God the Exalted loves him who forgoes worldly life, the Angels love him who rejects the vices, and the Muslims love him who gives up greediness in respect of the Muslims.



*ALI IBN ABI TALIB*  
*(MAY GOD BE PLEASED*  
*WITH HIM)*



342 Days pass away like clouds, so do good while you are alive.

343 Opportunity is swift of flight but slow to return.

344 The happiest is he to whom God has given a good wife.

345 Virtue never dies.

346 Patience is the fruit of faith.

347 No shelter is safer than piety.

348 A man's behaviour is the index of his mind.



**349** Wealth and greed are the roots of all evils.

**350** Riches without faith are the greatest poverty.

**351** The disease of the heart is worse than the disease of the body.

**352** To fight against one's desires is the greatest of all fights.

**353** A man's worth depends upon the nobility of his aspirations.

**354** The strongest amongst you is he who subdues his self.



355 Generosity conceals shortcomings.

356 The learned lives although he dies.

357 A man's glory from his virtue is greater than the glory of his pedigree.

358 Knowledge enlivens the soul.

359 Do not sell your conscience for anything but Heaven.

360 No shelter is safer than piety.